



drift

BY NIYAMA

# GIVE YOURSELF THE GIFT OF TIME

Each experience has been crafted to help you slow down and savour the beauty of your surroundings. You cannot rush this experience. You must live in the moment.

## WELCOME TO DRIFT SPA BY NIYAMA

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# THE SPIRIT OF DRIFT SPA

Signature Drift Spa experiences are created with local and natural ingredients.

## Niyama Scrub

45 mins

The first step to cleansing and a prelude to any massage or body experience. Removes dead skin and toxins, and improves circulation. A rain shower provides a refreshing, light sensation. Coconut, Maldivian coral sand and freshly pressed coconut oil melt into the skin, gently polishing away impurities.

## Niyama Massage

1 hour / 1 hour 30 mins

Witness the power of our signature oil blend and unique massage technique. Enjoy a combination of Lomi Lomi, Shiatsu and Thai massage that releases tension and induces deep relaxation. A must-try during your stay in paradise.

## Niyama Recovery

1 hour 30 mins

Inhalations of selected essential oils and a stimulating body brush prelude an aromatic pressure massage of the back, neck and shoulders. A recharging, gel body mask rich in minerals and plant essences is applied, while an acupressure foot and scalp massage with essence of lime releases trapped energy. An eye massage with chilled lava stones invigorates and reduces puffiness. Perfect for pre or post travel.

## Drift Aroma Hot Stone Massage

1 hour 30 mins

A very comforting and nurturing full-body massage, perfect for those with tight, sore muscles. Surrender to the rhythmical, long sweeping movements of the Lomi Lomi technique, whereby aromatic gels are applied to instantly relax the muscles and ease tension.

After, indulge in a signature Drift Hot Stone Massage that combines powerful ginger and black pepper essential oils to ease aching muscles. Thai-style stretching is performed to create space in the body, whilst the cool stones used during the facial massage add a pampering touch that soothes the skin and clears any congestion.

# DRIFT PRIVATE SANCTUARIES

*For Couples Only*

Treat that someone special to a relaxing and romantic retreat at Drift Spa by Niyama. Each private spa sanctuary comes with an outdoor shower, bath and daybed in the midst of a sultry, tropical garden – a superlative escape for you and your soulmate.

Our spa specialists will assist you in choosing treatments for your personal wellbeing. Then, just relax and let us take care of the rest.

## U Two

2 hours

- Spa treatment of your choice
- Outdoor rain shower
- Sanctuary time
- Fresh juice, tea and tropical fruit

## Just 2

3 hours

- Spa treatment of your choice
- Outdoor bath for two
- Sanctuary time
- Fresh juice, tropical fruit, tea and authentic delicacies

## Love Is

4 hours

- Spa treatment of your choice
- Outdoor bath for two
- Sanctuary time
- Fresh juice, tropical fruit, tea and authentic delicacies

## Decadent (*Add-on Services*)

- A bottle of Prosecco
- Chocolates
- Canapés and petits fours
- Fruit platter
- An additional hour of time in your private Drift sanctuary

# INTRACEUTICALS OXYGEN FACIALS

Align yourself with the Hollywood A-list. Get camera-ready with a combination of art and science for immediate results. Pressurised oxygen and unique protocols are utilised to deliver the highly effective anti-ageing ingredients to any skin type. Take the first step in your skin's transformation. Your skin will look and feel years younger, visibly lifted, toned and hydrated.



## Rejuvenate Oxygen Facial

1 hour

A skin-quenching treatment that provides intense hydration. The Rejuvenate Serum contains vitamins and antioxidants that also dramatically lift and tone. Results are instantaneous with continued improvement in the following days.

## Rejuvenate Boosters

\*No additional time

Enhance your Rejuvenate Oxygen Facial results with:

- Collagen – State-of-the-art collagen-building peptides for extra firming and tightening.
- Vitamin C+3 – Three forms of vitamin C that work together to promote glowing skin.
- Vitamin A – A new form of Retinol that refines and defines.
- Antioxidants – Superfruit from the Australian rainforest that protect travel-weary skin.

## Atoxelene Treatment

20 mins

This treatment is the perfect non-surgical alternative to more invasive procedures. It uses natural amino acids to firm, lift and plump your skin for instant results as well as dramatically reduced fine lines and wrinkles.

## Opulence Treatment

1 hour

Reveal a more radiant you by combining botanical brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin tone. Pigmentation is minimised, leaving you with luminous, toned and more radiant skin. Results are instantaneous with continued improvement in the following days.

## Rejuvenate Anti-ageing Treatment

1 hour 15 mins

For even more remarkable results, combine the powers of the Rejuvenate and Atoxelene treatments. Instantly reduce the appearance of fine lines and wrinkles, while tightening and firming for a more defined facial contour.

## Opulence Anti-ageing Treatment

1 hour 15 mins

Get bright and radiant young skin with a combination of botanical skin brighteners, super concentrated Vitamin C and Atoxelene serum. The treatment results in glowing, brightened skin with a significant reduction in the appearance of fine lines and wrinkles.

# ANNE SEMONIN HOLISTIC FACE AND BODY

The Anne Semonin holistic treatment collection combines a blend of aromatic essential oils, trace elements and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your skin.

Your customised Anne Semonin programme starts with a personal interview and a diagnosis of your skin. Your therapist will create your own 'beauty prescription' depending on the needs of your skin and your lifestyle. Every facial includes a lymphatic massage, designed to release toxins from the dermal tissues, increasing blood flow and resulting in radiant skin.



## FACE

**Deep Marine Purifier** 1 hour 15 mins  
Deep cleansing, decongesting, re-mineralising. A traditional steam and extraction combines with the power of marine elements to yield a deeply purifying treatment. The advanced Anne Semonin peel-off mask leaves the skin instantly calmed, decongested and silky smooth.

**Ultimate Facial – Age Protect** 1 hour 30 mins  
A new generation of facials. This contouring and firming facial is designed to combat the visible signs of ageing using the renowned effects of Radiance Ice Cubes on the eye zone; the very latest in neuro-cosmetics. Intense 100% plant-based active serums, masks and aromatic complexes are combined with a drainage massage to restore a more radiant complexion with instant youthfulness.

**Drift Couture Facial – Made to Measure** 1 hour  
Everyone's skin is unique. This phyto-aromatic treatment combines serums, masks and specially selected mineral complexes to meet the specific needs of your skin and enhance its glow.

Age Defend – Anti-ageing, firming, toning

Oligo Skin Protect – Detoxifying, balancing, age-preventing

Soothing Skin Saviour – Calming, hydrating, restoring

Baby Bliss – Pregnancy facial

**Hydra Express Facial** 30 mins  
Instantly revive a tired complexion with a facial cleanse and mineral mask to boost circulation and reveal clarity.

**Exquisite Miracle Eyes (*Brightening add-on to any facial*)** 30 mins  
Brightening, de-stressing, refreshing. An exquisite treatment, specifically designed for the delicate eye area, which brings together a unique combination of eye contour masks and a specialised lymphatic massage, ideal for reducing signs of ageing.

## BODY

### Melt Back Remedy

1 hour 30 mins

Melt away stress with this anti-fatigue back remedy. A full-body experience using detoxifying, self-heating seaweed mud on the back, followed by a full-body aromatic massage with marjoram, lavender and rosewood essential oils. Let yourself unfold as aches and pains are dissolved and clarity restored. Perfect for pre or post travel.

### Silhouette Re-sculptor

1 hour 30 mins

An anti-cellulite treatment that firms and tones. Exfoliation is followed by an inspired combination of Lipoliss gel and stimulating Cryo-Lipoliss massage to target specific areas of fatty tissue. The energising abdominal massage and body contouring mask eliminate toxins that contribute to cellulite formation, resulting in smooth and velvety soft skin.

*Create your own spa treatment by choosing a suitable wrap and scrub according to your skin's needs. Enjoy a truly individualised spa journey. We recommend adding your wrap and scrub to any massage or facial treatment to promote a holistic healing experience for both body and mind. For more information consult your spa therapist.*

### Hydra-intense Wrap

30 mins

For sunburned or dehydrated skin. A wonderfully gentle treatment suitable for even the most sensitive of skin. Experience a wrap of pink clay that replenishes the body with nutrients and instantly heals and hydrates.

### Detox Wrap

30 mins

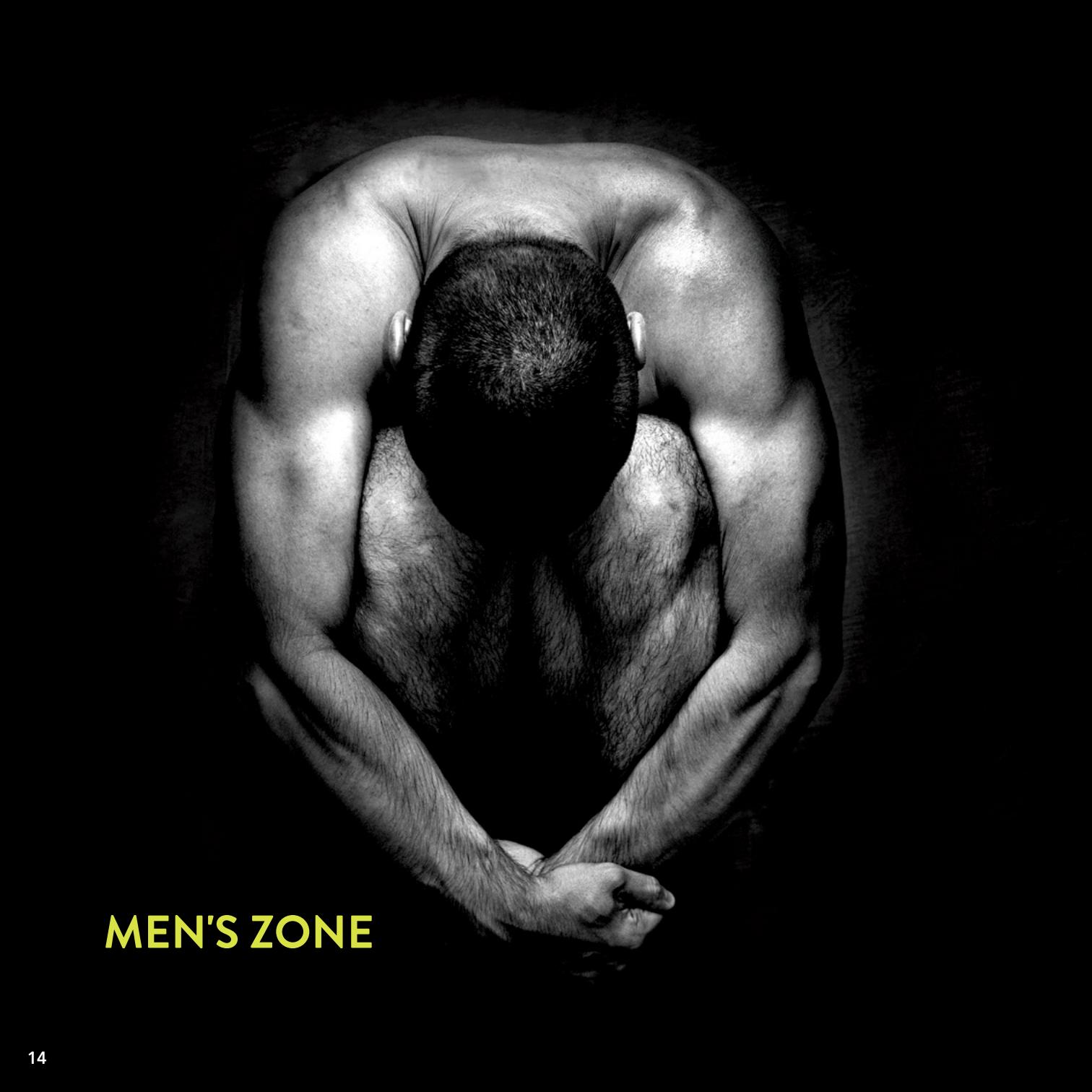
Rich in iodine and powerful marine elements. Wrap your body in a cocoon of spirulina micro-algae to stimulate toxin release and purify the skin. These dynamic ingredients purify, energise and help to reduce inches.

### Salt and Crystal Quartz Scrub

30 mins

The ultimate exfoliating experience, featuring the amazing Anne Semonin Nude Body Scrub. A luxurious blend of sea salts, white sand, pink quartz crystal powder and aromatic oils sweeps away dead skin cells, leaving skin wonderfully soft and silky, detoxified and radiant.





## MEN'S ZONE

### FACE

#### Marine Mineral Purifier

1 hour 30 mins

Traditional steam and extraction techniques are combined with the power of marine elements to yield a deeply purifying treatment. The advanced Anne Semonin peel-off mask, with the highest concentration of minerals and algae, leaves the skin instantly calmed, decongested and silky smooth.

#### Rejuvenate Oxygen-infused Facial

1 hour

Align yourself with the Hollywood A-list. A skin-quenching facial that provides intense hydration. Pressurised oxygen is utilised to deliver highly effective anti-ageing ingredients. Your skin will be visibly lifted, toned and hydrated.

#### Exquisite Miracle Eyes

30 mins

An exquisite treatment, specifically designed for the delicate eye area, which brings together a unique combination of contour mask and specialised lymphatic massage, ideal for reducing the signs of ageing and melting away stress. The Express Radiance Ice Cubes diminish puffiness and refresh the eyes. Finally, a divine application of miracle eye cream completes this indulgent eye-care experience.

*For manicure and pedicure services, please refer to the Drift Essentials section of this menu.*

## BODY

### Melt Back Remedy

1 hour 30 mins

Melt away stress with this anti-fatigue back remedy. A full-body experience using detoxifying, self-heating seaweed mud on the back, followed by a full-body aromatic massage with marjoram, lavender and rosewood essential oils. Let yourself unfold as aches and pains are dissolved and clarity is restored. Perfect for pre or post travel.

### Niyama Massage

1 hour / 1 hour 30 mins

Witness the power of our signature oil blend and unique massage technique. Enjoy a combination of Lomi Lomi, Shiatsu and Thai massage that releases tension and induces deep relaxation. A must-try during your stay in paradise.

### Sports Massage

1 hour

This vigorous massage concentrates on specific muscles and muscle groups. Perfect for the active and athletic individual – deep manipulations relieve aches and discomfort, and aid the natural healing process.

### Thai Massage

1 hour / 1 hour 30 mins

Replenish, relieve and rebalance at every level. Yoga stretches, compression and pressure-point massage release blocked energy. Your life force, flexibility and mobility are awakened.

### Drift Aroma Hot Stone Massage

1 hour 30 mins

This unique massage combines the power of pure essential oils and hot stones with elements of Lomi Lomi and Thai massage to promote deep relaxation, as well as relief from muscular tension, stress and fatigue.

### Intense Release Massage by Aromatherapy Associates

1 hour

An intensive and restorative massage that works deep into stiff, tight and aching muscles. Swedish and cross-muscle fibre massage techniques are combined with AA's internationally acclaimed De-Stress Muscle Gel and De-Stress Body Oil to instantly release pain and tension.

## DRIFT MESSAGES

We seek to create the unforgettable. All our massages can be personalised to your needs and desired results.



**Thai Massage** 1 hour / 1 hour 30 minutes  
Replenish, relieve and rebalance at every level. Yoga stretches, compression and pressure-point massage release blocked energy. Your life force, flexibility and mobility are awakened. Thai massages are performed on a Thai mat. No oil is used and loose pajamas are provided.

**Balinese\*** 1 hour / 1 hour 30 minutes  
Traditional Balinese massage. A seamless blend of acupressure, skin rolling and firm, smooth strokes stimulates energy flow and circulation. Spicy and warming aromas are used for optimum results.

**Yoga–Abhyanga Massage Fusion** 2 hours  
Yoga and Ayurveda are complementary sciences in Indian Vedic tradition. Yoga uses Ayurveda to reach its goal, and Ayurveda uses Yoga for health benefits. The session includes one hour of Hatha Yoga and one hour of Ayurveda Abhyanga Massage.

**Shirodhara and Abhyanga** 1 hour 30 mins  
Nourish and restore the nervous system with this ancient Ayurvedic ritual. A soaking of the third eye with hot black sesame oil, combined with a traditional Ayurvedic massage, will ensure ultimate wellbeing.

**Sports Massage\*** 1 hour  
This vigorous massage concentrates on specific muscles and muscle groups. Perfect for the active and athletic individual – deep manipulations relieve aches and discomfort, and aid the natural healing process.

**Niyama Massage\*** 1 hour / 1 hour 30 mins  
Witness the power of our signature oil blend and unique massage technique. Enjoy a combination of Lomi Lomi, Shiatsu and Thai massage that releases tension and induces deep relaxation. A must-try during your stay in paradise.

**Drift into Sleep\*** 1 hour  
This head-to-toe massage uses carefully applied pressure to induce a serious state of relaxation – leaving you prepared for a sound night's sleep. The perfect choice to enjoy in the privacy of your own suite or pavilion.

**Aromatherapy Experience by Aromatherapy Associates** 1 hour / 1 hour 30 mins  
This hero treatment releases tension held in every part of the body. Carefully applied pressure stimulates the nervous system. Swedish neuromuscular techniques relieve muscular tension, and lymphatic drainage helps encourage healthy circulation.

**Intense Release Massage by Aromatherapy Associates** 1 hour 30 mins  
An intensive and restorative massage that works deep into stiff, tight and aching muscles. Swedish and cross-muscle fibre massage techniques are combined with AA's internationally acclaimed De-Stress Muscle Gel and De-Stress Body Oil to instantly release pain and tension.

**Mother-to-be by Aromatherapy Associates** 1 hour  
Relieve stresses and strains, heavy legs and an aching back with this all-over body treatment. Includes relaxing and rejuvenating full-scalp and facial massage.

**Drift Aroma Hot Stone Massage** 1 hour 30 mins  
Surrender to the rhythmical, long sweeping movements of the Lomi Lomi technique, whereby aromatic gels are applied to instantly relax the muscles and ease tension. After, indulge in a signature Drift Hot Stone Massage that combines powerful ginger and black pepper essential oils to ease aching muscles. Thai-style stretching is performed to create space in the body, whilst the cool stones used during the facial massage add a pampering touch that soothes the skin and clears any congestion.

*\*Upon request, some treatments are available in the comfort of your private suite or pavilion. Please call the spa reception for more information.*

# EXPRESS TREATMENTS

**Back Release** 30 mins  
Relieve stress and muscular tension in the back, neck and shoulders.

**Indian Head Massage** 45 mins  
Focusing on the head, neck and shoulders, this pressure-point massage technique frees the mind of stress and recaptures lost energy.

**Ear Candling** 45 mins  
Ear candling is a gentle, relaxing, non-invasive treatment which offers relief for ear, nose and throat problems. Good for restoring pressure in the ear before flying and scuba diving.

**Foot Acupressure** 30 mins  
Enjoy massage that targets trigger points in the feet to promote relaxation and rebalance your body.

**Detoxifying Pink Salt and Coconut Oil Scrub** 30 mins  
Himalayan pink salt is one of the purest salts and is prized for its therapeutic properties. The minerals nourish, replenish and aid in detoxing the skin. Coconut oil adds moisture while lavender calms and deeply relaxes body and mind.

**Firming Coconut Coffee Scrub** 30 mins  
A combination of coffee grounds, skin-soothing coconut oil and sea salt for an intense exfoliating kick. By massaging this trifecta onto any problem area, you'll stimulate blood flow, resulting in smoother, firmer skin.

**Exotic Coconut Body Wrap** 30 mins  
Drift away cocooned in a comforting coconut wrap that deeply hydrates and softens the skin leaving you silky smooth.

**Aloe Vera Body Wrap** 30 mins  
Restores and heals. The aloe vera wrap is beneficial for skin that has been overexposed to sun and hot weather, or for those who have had too much spicy food. The treatment restores, heals and cools down the body.

**Exquisite Miracle Eyes (*Brightening add-on to any facial*)** 30 mins  
Brightening, de-stressing, refreshing. An exquisite treatment, specifically designed for the delicate eye area, which brings together a unique combination of eye contour masks and a specialised lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Cryotherapy ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of miracle eye cream completes your experience.

**Hydra Express Facial** 30 mins  
Instantly revive a tired complexion with a facial cleanse and mineral mask that boosts circulation and reveals clarity.

# FAMILY AND KIDS ZONE

Involving kids in the spa process – getting them enthusiastic about the health benefits from an early age – helps plant the responsibilities that we have as adults towards our own wellbeing.

## FAMILY MENU

**Family Spa-rty** **1 hour 30 mins**  
To be enjoyed in the luxury of your own suite or pavilion or in a private spa sanctuary. Parents' worries will melt away in a relaxing luxury bath, while the children relax with 30-minute massages. Afterwards, parents can enjoy a one-hour Niyama Massage each.

*Children's Options: movies, ice cream, popcorn, polish for paws, hair braiding at the spa salon or one-hour nanny service free of charge at Explorers Kids Club.*

**Parent and Child Connection** **30 mins / 1 hour**  
A massage for you and your prince or princess to enjoy alongside each other. Restore your family connection and soothe away the stresses of modern life.

**Family Yoga** **45 mins**  
A private, family yoga session bringing equilibrium and inner peace to the family unit. Enjoy on the beach, in the air-conditioned stretch room or in the privacy of your own suite or pavilion.

## KIDS MENU

**Daphne the Dolphin Massage** **30 mins / 1 hour**  
A perfect way to introduce your child to massage, this experience will help young spa goers to learn to deal with future stress. A parent or guardian must be present for this session, and either a bathing suit or underwear is required. Therapists providing massages are gender-specific.

### Kids Pick 'n' Mix Corner

Little Starfish Couture Facial	30 mins
Aloe Vera Aftersun Treatment	30 mins
Captain Red Claw Manicure	30 mins
Happy Feet Pedicure	30 mins

### Kids Add-ons

Polish for paws*	15 mins
Additional nail art*	
Hair braiding*	
Laughter yoga*	
Ice cream sundaes post-treatment*	

*\*Complimentary*



## DRIFT SPA PACKAGES



### 3 DAYS – RENEW

4 hours 50 mins

Heal and prepare. A ritual that includes deep exfoliation, massage and a facial. Expect an intensely therapeutic and protective treatment to open your pores, ready for a bronzed glow in the tropical sun. Coat your skin with coconut and pink kaolin for extra nourishment.

#### Day 1

Drift Scrub and Wrap  
Foot Acupressure

#### Day 2

Coconut and Maldivian Sands Foot Ritual  
Spa Tropical Outdoor Bath  
Niyama Massage

#### Day 3

Coconut and Maldivian Sands Foot Ritual  
Intense Muscle Release Massage  
Drift Couture Facial



## 5 DAYS – REVIVE

7 hours 35 mins

Soothe and revive. Experience a smoothing sea salt and crystal quartz exfoliation followed by massage therapies that will re-energise the flow throughout your body. Mid-week, enjoy our skin-quenching oxygen-infused facial for deep, intensive hydration and an immediate lifting effect.

### Day 1

Sea Salt and Crystal Quartz Scrub  
Detox Foot Acupressure

### Day 2

Spa Tropical Outdoor Bath  
Drift Aroma Hot Stone Massage

### Day 3

Back Release Massage  
Intracuticals Rejuvenate Oxygen Infused Facial

### Day 4

Hydra-Intense Sun Repair Wrap  
Indian Head and Shoulder Massage

### Day 5

Private Yoga Session  
Thai Massage

## 7 DAYS – REJUVENATE

9 hours 55 mins

Energise and glow. Relax with deeply healing massages and yoga. Prep with detoxifying scrubs, wraps and facials using the natural powers of marine minerals. Beautify with a hair treatment by Pedro Sanchez and an Intracuticals oxygen facial.

### Day 1

Drift into Sleep Massage  
Detox Foot Massage

### Day 2

Sea Salt and Crystal Quartz Scrub  
Detox Wrap

### Day 3

Marine Mineral Purifying Facial  
Intense Muscle Release Massage

### Day 4

Private Yoga Session  
Thai Massage

### Day 5

Niyama Massage

### Day 6

Indian Head Massage  
Hair Treatment at Pedro Sanchez Salon

### Day 7

Intracuticals Rejuvenate Oxygen Infused Facial

# DIVE, SURF AND DRIFT

Three-Day Tailor-Made Spa Packages For Divers & Surfers

## 3 DAYS – DIVERS’ SPA RECOVERY

4 hours 30 mins

### Day 1 – Pre-dive Treatment

Coconut and Maldivian Sands Foot Ritual  
Drift Aroma Hot Stone Massage

### Day 2 – Post-dive Treatment

Coconut and Maldivian Sands Foot Ritual  
Divers’ Recovery Massage

### Day 3

Lime, Coconut and Maldivian Sands Foot Ritual  
Drift Couture Facial  
Exquisite Miracle Eye Treatment

## 3 DAYS – SURFERS’ SPA RESCUE

4 hours 30 mins

### Day 1

Coconut and Maldivian Sands Foot Ritual  
Thai Massage

### Day 2

Coconut and Maldivian Sands Foot Ritual  
Intense Muscle Release Massage

### Day 3

Coconut and Maldivian Sands Foot Ritual  
Drift Couture Facial  
Aloe Vera Body Wrap

# FITNESS AND WELLNESS

## Classes

We offer a wide range of group exercise classes to tone, challenge and invigorate. A weekly schedule is available from the spa reception.

## Wellness Programmes

As part of our dedication to holistic healing, we have several wellness retreats and packages focusing on detox, fitness and spiritual health. For more information contact the spa reception.

## Personal Training

We offer guests one-on-one training sessions. Available for all levels of ability and fitness, our experienced trainers will devise a suitable programme to help you achieve your goals.

## Yoga and Pilates

At your request, we are able to arrange one-on-one yoga or pilates sessions with a private instructor. Available for all levels of ability, sessions take place in Pump – the resort gym – or outside, dependent on weather conditions.

## Tabata Abs

Tone your stomach with high-impact exercises that target your entire core. Tabata Abs is circuit training based on 20-second workouts and 10-second breaks for eight rounds at a time, pushing the body to contract the muscles deeper and get results faster.

## Circuit Training

Improve your strength and get in shape. Circuit training is a series of exercises done in a pattern of high and low intensity using your body weight or various add-ons in order to build cardiovascular muscle.



## Aqua Rehabilitation

Improve your range of motion, rehabilitate old injuries, lessen muscle and joint weakness in a one-on-one approach towards physiotherapy. Aqua rehabilitation is used in many recovery centres because of the low impact and reduced pain while moving in water, which helps the recovery process advance at a faster rate.

## Complimentary Sunset Yoga Class

Yoga classes are available on Wednesdays and Sundays at The Surf Shack near the surf point. For more details on time and location please call the spa.

*\*Seasonal offering*



## DRIFT ESSENTIALS AND FINISHING TOUCHES

### ESSENTIALS

**The Margaret Dabbs Supreme Manicure** 1 hour  
A fabulous signature manicure for the ultimate in nail treatments. Delight in the full range of Margaret Dabbs London products. A relaxing hand and lower-arm massage follow your perfect polish.

**The Margaret Dabbs Supreme Pedicure** 1 hour  
A fabulous signature pedicure for the ultimate in foot treatments. Indulge in outstanding, long-lasting results with the Margaret Dabbs London range. Follow your perfect polish with a soothing foot bath and foot massage.

<b>Gentlemen's Manicure</b>	50 mins
<b>Gentlemen's Pedicure</b>	1 hour
<b>Nail Shape and Polish</b>	20 mins

### FINISHING TOUCHES

**Hair Salon**  
Please call the spa for more information on hair salon services.

**Hair Removal**  
Face and body waxing services are available. Prices are given, upon request. Indian threading is also available for eyebrow shaping and upper lip hair.

### TINTING

<b>Eyebrow Tinting</b>	15 mins
<b>Eyelash Tinting</b>	30 mins

# HOW TO DRIFT

## TREATMENTS AND RITUALS

All our rituals and experiences are available for singles and couples in:

- ❖ **Drift Spa by Niyama:** Ocean-facing suites and spa sanctuaries with outdoor bath, shower, garden and relaxation area.
- ❖ **Your Studio or Pavilion:** Don't move a muscle – let us bring a selection of our spa experiences to the comfort and privacy of your studio or pavilion (subject to an additional 25% charge).
- ❖ **After Dark:** The spa is open 24 hours. A selection of therapies from our menu are available anytime during the night. After Dark experiences at Drift (9.00 pm - 9.00 am) are subject to an additional 25% charge.
- ❖ All prices are quoted in USD and are subject to a service charge and Government Sales Tax.

## ARRIVAL

To ensure you enjoy your time with us and receive the full benefits of your spa experience, we ask you to arrive at least 15 mins ahead of your scheduled time. If you wish to take advantage and explore the Relaxation Area, we invite you to arrive in your own time.

## CANCELLATIONS

We understand you may need to change your schedule. We ask that you give us a minimum of 12 operating hours' notice. Appointments cancelled within 12 hours will incur a 50% cancellation fee. Appointments cancelled within 4 hours, as well as no-shows, will incur full payment.

## RESERVATIONS

To avoid disappointment, we highly recommend that you reserve all your rituals and experiences in advance. Our spa receptionist will be able to advise you on the best times and what is available for you during your stay.

## LATE ARRIVALS

If you arrive late for a scheduled appointment, you will receive the best experience possible within the remaining appointment time. It may be necessary to decrease your time with respect for the next reservation. Full costs will apply.

## HEALTH

Please inform the spa receptionist at the moment of your booking, as well as your therapist, of any known medical conditions, ailments, allergies or if you are taking any medication. We recommend that you do not sunbathe after facials, aromatherapy or waxing for a minimum of 6 hours.

## SPA ATTIRE

You will be provided with everything you need for your time with us, including disposable underwear, a robe, slippers and towels. A bathing suit is necessary for the sauna, steam and spa baths.

## AMBIENCE

Drift Spa by Niyama is a fresh and pure environment, free from noise pollution. Please help us to maintain serenity by refraining from smoking and turning off your mobile phones.

## AGE REQUIREMENTS

For children below the age of 13, a parent or guardian must be present for the spa session. Therapists providing massages are gender-specific.

## VALUABLES

We recommend that you arrive at the spa without your valuables. Drift Spa by Niyama cannot accept responsibility for any loss or damages of any kind.



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