

A JOURNEY OF ROMANCE AT NIYAMA

Experience Nature's Playground this Valentine's Day and immerse yourself in the beauty of love and nature. Enjoy a romantic dinner, rejuvenating spa treatments, and specially crafted couples' wellness experiences that will create cherished moments of togetherness. Let the serene surroundings set the stage for your perfect Valentine's Day celebration.

WEDNESDAY, 14TH FEBRUARY 2024



ROMANTIC BREAKFAST IN THE VILLA

A secluded haven where love blossoms amidst enchanting surroundings. Step into the romance this Valentine's Day – For couples who intend to spend the entire day hiding away. **Includes delicacies for your floating breakfast with a bottle of champagne and red roses.**

Time: 7:00 a.m. – 12:00 p.m.

Price: USD 550 net per couple

Venue: In-Villa Dining



VALENTINE'S DINNER BY THE SHORE

Indulge in a refined dinner a soirée of opulent love by the shore as we curate an exquisite celebration amidst the enchanting embrace of our Nature's Playground by the Shore.

Time: 6:30 p.m. – 11:00 p.m.

Price: USD 650 net per couple

Venue: On the beach



AQUA AMORE : VALENTINE'S DINNER BENEATH THE WAVES

Essence of love in an exclusive Valentine's affair at Nature's Playground. A celebration limited to just three couples, where love is intimate. **Includes a bottle of champagne and red roses.**

Time: 6.30 p.m. – 11.00 p.m.

Price: USD 850 net per couple

Venue: Subsix - Underwater Restaurant

WEDNESDAY, 14TH FEBRUARY 2024



COUPLE'S CONNECT GROUP YOGA SESSIONS

A heartwarming journey this Valentine's Day - join our Yogis on a harmonious exploration of yoga postures, fostering a deeper connection with your cherished one.

Time: 5.00 p.m. - 6.00 p.m.

Price: USD 79 net per couple

Venue: Flow (Surf Shack)



COUPLES ROMANCE SPA TREAT

A voyage of blissful relaxation and shared moments as Drift Spa invites you to immerse yourselves in a world of love and rejuvenation.

Time: 9:00 a.m. – 9:00 p.m.

Price: USD 579 net per couple

Venue: Drift by Niyama



VALENTINE'S ELIXIR IV

Assimilate the sweet nectar of romance intravenously, every moment being a potion of love waiting to be savored. Vitality in every drop!

Time: 9:00 a.m. – 9:00 p.m.

Price: USD 679 net per couple

Venue: Drift by Niyama



WEDNESDAY, 14TH FEBRUARY 2024



EMILY MOAK

YOGA & NUTRITIONIST

In-Residence: Until 15th April 2024

Whether it's your first Yoga class or you are an avid Yogi, you are sure to enjoy an inspiring and heartfelt practice. Join Emily for an uplifting and dynamic session of breath work, movement & flow, and mindfulness meditation in her all-levels 60-minute group class or try a personally tailored private session to fit your needs.

FLOATING YOGA

Performed on stand-up paddle boards floating over the clear and calm lagoon, this class takes your yoga practice to a whole new level. The SUP boards are pre-anchored to stay stable in the gentle waves. Your instructor will guide you through a practice that starts slowly, letting you get used to the floating surface. You will then move into a more dynamic flow before slowing down to cool off with restorative postures.

AZUSA SEGAWA

CHI NEI TSANG ABDOMINAL DETOX THERAPY

In-Residence: Until 29th February 2024

Experience Chi Nei Tsang, an ancient Taoist abdominal massage technique that releases energy and emotional blockages, promotes chi (vital life force) flow. Azusa's gentle yet powerful touch detoxifies and strengthens organs, improves digestion, reduces stress and anxiety, and enhances overall vitality.



WEDNESDAY, 14TH FEBRUARY 2024



COUPLES HIIT CLASS

Elevate your Special Day at Niyama with a heart-pumping HIIT Class - unique and energetic way to celebrate love and wellness journey together.

Time : 9.15 am – 10.00 am

Complimentary

Venue: Pump Studio

COUPLES CARDIO SPLASH

Celebrate Valentine's Day with a splash of romance at Nature's Playground! Dance and cut a dash with your partner – a perfect blend of love and joy awaits.

Time : 11.30 am – 12.15 pm

Complimentary

Venue: Epicure Pool

COUPLES FITNESS CLASS

Our workout class is back for a revitalizing and fun session at Nature's Playground. Strengthen your bond through the power of exercise and share a wellness adventure with your partner.

Time : 4.00 pm – 4.45 pm

Complimentary

Venue: Pump Studio

FOR BOOKINGS, CALL +960 676 2828
EMAIL RESERVATIONS@NIYAMA.COM