



DANIEL CASEY

A BRITISH BODYBUILDING CHAMPION

In-Residence

A British bodybuilding champion in 2016 with over 12 years of experience as an injury, movement, and rehabilitation specialist. Daniel has worked globally with professional athletes, celebrities, and private clients from around the world. He has been featured in publications such as Men's Health, Tatler, Red, The Guardian, & The Telegraph for celebrity and body transformation pieces. Expect an all-encompassing, attentive, and enjoyable session that will help you reach your fitness goals no matter what your level.

Daniel is available for private and small group sessions.

For reservations & enquiries, please [click here](#).