



# DR. ASHISH DEV

## HOLISTIC PHYSIOTHERAPY SPECIALIST | EXPERT IN INTEGRATIVE HEALTH & WELLNESS

Specialising in holistic physiotherapy with a deep commitment to client well-being, Dr. Ashish Dev brings a diverse background to his practice. With experience in intensive care and coaching state-level football teams, he seamlessly integrates yoga, meditation, fitness coaching, nutrition guidance, and women's health into his approach.

Dr. Dev is dedicated to fostering resilience, advancing a comprehensive understanding of the human body, challenging conventional diagnostics, dispelling fitness myths, and advocating for treatments that empower and facilitate healing without fear.



### **In-Residence:**

15<sup>th</sup> December 2024 - 31<sup>st</sup> January 2025

Contact your Thakuru for more information and booking.

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BY NIYAMA

NIYAMA  
PRIVATE ISLANDS  
MALDIVES