

Jess is an international yogi, dancer, and Pilates expert.

Shortly after finishing her university studies at The Boston Conservatory, she moved to New York to pursue dance professionally. She worked as a certified personal trainer with Tracy Anderson Method.

In 2013, her love of travel brought her to Indonesia, where she completed her yoga certification. Since then, she has gone on to complete over 500 hours of yoga training. It was during her time in Indonesia that her unique style of movement and mindfulness developed. Her love of surfing, the ocean, and dance has greatly influenced and inspired her classes. Combining strength, mobility, and musicality, these classes will leave you feeling long, lean, and rejuvenated. Jess has worked with many retreats and yoga centers throughout Indonesia, Morocco, the Philippines, Australia, the Maldives, Nicaragua, and Costa Rica.

All levels are welcome.

Group and private sessions available.

In-Residence:

15th December 2024 - 17th February 2025

Please contact your Thakuru for more information and booking, or Contact Jessica's WhatsApp @ +62 822 3664 7902





