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KATRINA VALENTE
INNER PEACE – OUTER BEAUTY
WORLD RENOWNED FACIALIST
– HOLISTIC AESTHETICIAN

IN-RESIDENCE AT NIYAMA PRIVATE ISLANDS
20 OCTOBER - 10 NOVEMBER 2017



ABOUT KATRINA

Katrina Valente is known as one of the World's Top Facialists' being in the beauty industry for the past 20 years, travelling the world treating Royalty and Celebrities she brings her skills to the Maldives to heal and repair all who see her. She has lived in Dubai for the past 18 years, Originally Scottish/Italian decent. Her studies have not only included beauty but Holistic therapies such as reflexology, Aromatherapy, Crystal Healing, Colour therapy, NLP and Access Bars, Hypnosis and Timeline Therapy. She has a unique approach to her therapies always working in a Bespoke way to utilize the best possible results for her clients. Never a one dimensional approach but always Mind, Body, Spirit Healing. Beauty starts from the INSIDE OUT! Her Mission in life is to help people see their true inner beauty and to appreciate who they are in Essence.

KATRINA'S BESPOKE CONSULTATION

All treatments are consulted first with a Colour therapy test which works on the subconscious mind allowing Katrina to see where her guest needs the most help in re-balancing the Emotional centre. 4 out of 14 colours are chosen then an Organic perfume is inhaled of that colour and the oils and serums are used in all treatments except Raindrop. This works on the Emotional body as well as the physical so you not only look different after the treatment you feel different too! Reflexology is given when the mask is on in the facial treatments and Crystal healing is done in all treatments. (Guest holds crystals and they are placed around the body in all treatments.)

Join Katrina for a complimentary Aesthetic Consultation, on Saturday's and Wednesday's at 10:00am, at Drift SPA. Bookings are essential, dial 2 from your villa or contact your Thakuru.

INTRACEUTICALS OXYGEN FACIALS

USD 295++ / USD 355++

60 MINUTES / 75 MINUTES

Align yourself with the Hollywood A-List. A must try during your stay. Pressurised Oxygen and unique protocols are utilized to deliver highly effective anti-aging ingredients to any skin type. Take the first step in your skins transformation. Your skin will look and feel years younger, visibly lifted, toned and hydrated.

EMINENCE ORGANIC FACIAL WITH SEAWEED COLLAGEN MASK

USD 280++

75 MINUTES

Using Eminence Organic products this facial is all hands on massage to suit the individuals needs. Several masks, serums and the colour therapy test used in the treatment to work on the emotional body as well as the physical. All skin types.

DERMA-PEN MESOTHERAPY

USD 585++

90 MINUTES

Clinical standard treatment using disposable head of tiny needles with the Dermapen that open up the channels of the skin to allow deep penetration of vitamin serum. Long lasting effect to regenerate, stimulate and repair the skin. Total anti-aging... Course of 4 is recommended. 2 per week

20% off course

ALTEARAH BIO COLOUR FACIAL

USD 345++

75 MINUTES

This treats the emotions not the skin type. Using Organic products it heals the skin and the soul with a comprehensive massage and Algae mask. Uses the latest Neuractive technology.

RAINDROP BACK & FOOT MASSAGE – BRAIN DE-STRESS

USD 325++

75 MINUTES

Using NINE Organic essential oils this massage works on the back and feet to re-align the electromagnetic field of the body. Excellent for deep relaxation that lasts for up to 2 weeks after the treatment. NINE Essential oils are dropped neat onto the spine and worked up individually before a full massage is done. Then reflexology follows using again the NINE oils. Very powerful!! A must for de-stressing the whole Mind, Body, and Spirit of a person.

COLOUR THERAPY MASSAGE

USD 270++

75 MINUTES

This works on re-aligning the Chakras of the body using 4 out of the 14 coloured oils and serums chosen by the guest. This works on the subconscious mind to re-balance and relax. This product has been mixed to the same vibration as each Chakra using a mix of Altearah Bio Pure Organic Essential Oils. Full body, back or foot massage can be offered as per request.

CLINICAL LYMPHATIC DRAINAGE MASSAGE

USD 360++ (can do 2 per week)

75 MINUTES

Working on the Lymphatic system to alleviate bloating, swelling, cellulite and good after surgery, for quick recovery. Helps the body feel instantly lighter. Organic Essential oils are used to suit the individual making the overall treatment much more powerful.

SHAMANIC REIKI HEALING

USD 320++

90 MINUTES

Ancient healing through energy transfer to re-awaken the true self. Hands on healing mixed with Access Bars technique, Colour therapy and tarot card reading is given. Working on specific problems in relationship, career and self. Answers come when we least expect them....

All prices are in USD and subject to 10% Service Charge and 12% Government Tax. Prices are subject to change without prior notice.