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DR. RUI PEDRO LOUREIRO TRADITIONAL CHINESE MEDICINE DOCTOR

IN-RESIDENCE AT
NIYAMA PRIVATE ISLANDS
1 – 29 OCTOBER 2017



NATURAL FACELIFTS, ANTI-CELLULITE TREATMENTS AND PURE RELAXATION. ANTI-AGE THE NATURAL WAY!

ABOUT DR. RUI

Dr. Rui is a traditional Chinese medicine doctor and a licensed acupuncturist. He graduated from the Chengdu University of Chinese Medicine in China and holds a postgraduate diploma in Cosmetic Acupuncture from CMIR/ACUMEDIC, London in conjunction with the Beijing University of Chinese Medicine. expert in diagnosis, Dr. Rui has practiced in hospitals in China and clinics in London and Portugal, and is head of the Chinese Medicine Department of St. Louis Hospital in Lisbon and the clinical director of Clinica Cura Pura in Aveiro. With 17 years of clinical practice, he is a passionate and dedicated professional, and a lifetime student and researcher of Chinese medicine.

Join Dr. Rui for complimentary consultations on Mondays, Wednesdays and Fridays at 10:00am at The SPA. Bookings are essential – dial 2 from your villa or contact your Thakuru.

TREATMENTS OFFERED BY DR. RUI

FULL DIAGNOSIS AND ACUPUNCTURE TREATMENT

60 MINUTES

USD 220++

During your consultation, a full history of your general health and details of your current symptoms and lifestyle are taken into account – this helps to establish a clear picture and understanding of the underlying causes of disease and formulate an appropriate treatment plan. Acupuncture diagnosis focuses on the individual and not just his/her illness – all symptoms are seen in relation to each other, so two people with the same Western diagnosis may be treated differently.

*Following treatments (45 minutes / USD 140++)

QUIT SMOKING FOR LIFE

30 MINUTES

USD 250++

You may have tried to quit smoking before but the withdrawal symptoms caused anxiety and the fight became too difficult. There is a more natural, painless and effective solution – with Auricular Therapy – a proven, effective tool to help you quit smoking by minimizing cravings and calming the nervous system. Dr. Rui's treatment uses mild electrical stimulation on the outside of both ears. It is similar to ear acupuncture but without the use of needles. His average success rate is 85% percent and there is no need for patches, gum or pills afterwards.

HOLISTIC FACIAL REJUVENATION PROGRAMME

60 MINUTES

USD 250++

The “natural facelift” – cosmetic acupuncture for wrinkles and sagging. 24-carat gold needles will be applied to specific acupressure points on your face and body to help nourish the skin. The gold-plated composition of the acupuncture needles is singularly significant as it produces measurable results by visibly enhancing the volume and tone of facial muscles, so improving the skin's circulation, collagen, and elastic fibre network which activates the fibroblastic cells and increases hyaluronic acid production. Experience sleeker, plumper, more youthful skin.

*Package of 3 sessions – 15% savings

Package of 6 sessions – 25% savings

ANTI-CELLULITE TREATMENT

60 MINUTES

USD 280++

This method gives excellent results in modulation of different parts of the body- abdomen, buttocks, lower and upper limbs – for conditions such as cellulite, sagging, localised fat deposits and excessive weight. Anti-cellulite acupuncture helps the whole body both look and feel younger, rejuvenating and revitalising.

*Package of 3 sessions – 10% savings

Package of 6 sessions – 20% savings

FULL EPIGENETIC TEST

60 MINUTES

USD 245++

Dig deeper into your genetic data.

Undergo an epigenetic hair test, through a bio profiler, which gives information about your the levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants and contaminants. Analysing the 15 most common vitamins, 23 major groups of antioxidants, 16 everyday minerals, 115 food restrictions and food additives, immune stressors, all 23 amino acids, and omega 3, 6 and 9, the epigenetic test gives you lifestyle and diet recommendations to optimise your health.

All prices are in USD and subject to 10% Service Charge and 12% Government Tax. Prices are subject to change without prior notice.

To reserve a private session, contact your Thakuru. Advance booking is required.